

2023-2024 Muscatel Lunch
Lunch

Rosemead School District

| Mon | Tue | Wed | Thu | Fri |
|--|--|--|--|---|
| 8/28/2023 | 8/29/2023 | 8/30/2023 | 8/31/2023 | 9/1/2023 |
| Main Entrée Crunchy Beef Taco | Main Entrée Sandwich, Turkey Cold Cut Combo, 6", Subway | Main Entrée Chicken Drumsticks with Mashed Potatoes | Main Entrée Teriyaki BBQ Chicken with Brown Rice | |
| Fruit Pear, D'Anjou | Sandwich, Uncrustable PB&J Grape | Fruit Orange, Navel | Fruit Banana, Petite, Dole | |
| Vegetable Beans, Vegetarian Refried Carrots, Baby, Peeled, IW | Fruit Apple, Red, Sliced Juice, Orange, Eco | Vegetable Carrots, Baby, Peeled, IW | Vegetable Carrots, Baby, Peeled, IW Garlicky Broccoli | |
| Grain Mexican Rice | Vegetable Carrots, Baby, Peeled, IW Cucumber & Tomato Salad | Grain Roll, Dinner, WG | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | |
| Fruit Juice Juice, Apple, Eco | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | Fruit Juice Juice, Apple, Eco | Fruits and Fruit Juices Juice, Wildberry, Eco | |
| Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | | |
| 9/4/2023 | 9/5/2023 | 9/6/2023 | 9/7/2023 | 9/8/2023 |
| | Main Entrée Sandwich, BBQ Rib Grilled Cheese Sandwich | Main Entrée General Tso Chicken with Brown Rice | Main Entrée Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Beef Hot Dog | Main Entrée Pizza, Pepperoni, Pizza Hut, 51% WG Pizza, Cheese, Pizza Hut, 51% WG |
| | Fruit Apple, Red, Sliced Juice, Orange, Eco | Fruit Banana, Petite, Dole Orange, Navel | Fruit Banana, Petite, Dole | Fruit Strawberries, Fresh Juice, Orange, Eco |
| | Vegetable Carrots, Baby, Peeled, IW Cucumber & Tomato Salad | Vegetable Carrots, Baby, Peeled, IW Garlicky Broccoli | Vegetable Potato, Fries, Seasoned Wedge 8cut BBQ Baked Beans | Vegetable Celery Sticks, IW Cucumbers, Sliced, IW Kale Caesar Salad |
| | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | Fruit Juice Juice, Apple, Eco | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco |
| | | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | Fruits and Fruit Juices Juice, Wildberry, Eco | |
| | | Fruits and Fruit Juices Juice, Wildberry, Eco | | |



| Mon | Tue | Wed | Thu | Fri |
|--|---|---|--|---|
| 9/11/2023 | 9/12/2023 | 9/13/2023 | 9/14/2023 | 9/15/2023 |
| Main Entrée Spaghetti and Meatballs | Main Entrée Carne Asada Nacho | Main Entrée Chicken Wings Platter | Main Entrée Cheeseburger Hamburger Beef Hot Dog | Main Entrée Pizza, Pepperoni, Pizza Hut, 51% WG Pizza, Cheese, Pizza Hut, 51% WG |
| Fruit Pear, D'Anjou | Fruit Apple, Red, Sliced Juice, Orange, Eco | Fruit Orange, Navel | Fruit Banana, Petite, Dole | Fruit Strawberries, Fresh Juice, Orange, Eco |
| Vegetable Garlicky Broccoli Carrots, Baby, Peeled, IW | Vegetable Beans, Vegetarian Refried Carrots, Baby, Peeled, IW | Vegetable Potato, Fries, Seasoned Wedge 8cut Carrots, Baby, Peeled, IW | Vegetable Potato, Fries, Crinkle Cut 1/2" Carrots, Baby, Peeled, IW | Vegetable Celery Sticks, IW Cucumbers, Sliced, IW Kale Caesar Salad |
| Grain Garlic Knot | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | Fruit Juice Juice, Apple, Eco | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco |
| Fruit Juice Juice, Apple, Eco | Condiments Tapatio | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | Condiments Ketchup Packets, Kraft Heinz | |
| Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | | | Fruits and Fruit Juices Juice, Wildberry, Eco | |
| 9/18/2023 | 9/19/2023 | 9/20/2023 | 9/21/2023 | 9/22/2023 |
| Main Entrée Crunchy Beef Taco | Main Entrée Sandwich, Turkey Cold Cut Combo, 6", Subway Sandwich, Uncrustable PB&J Grape | Main Entrée Chicken Drumsticks with Mashed Potatoes | Main Entrée Teriyaki BBQ Chicken with Brown Rice | Main Entrée Pizza, Pepperoni, Pizza Hut, 51% WG Pizza, Cheese, Pizza Hut, 51% WG |
| Fruit Pear, D'Anjou | Fruit Apple, Red, Sliced Juice, Orange, Eco | Fruit Orange, Navel | Fruit Banana, Petite, Dole | Fruit Strawberries, Fresh Juice, Orange, Eco |
| Vegetable Beans, Vegetarian Refried Carrots, Baby, Peeled, IW | Vegetable Carrots, Baby, Peeled, IW Cucumber & Tomato Salad | Vegetable Carrots, Baby, Peeled, IW | Vegetable Carrots, Baby, Peeled, IW Garlicky Broccoli | Vegetable Celery Sticks, IW Cucumbers, Sliced, IW Kale Caesar Salad |
| Grain Mexican Rice | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | Grain Roll, Dinner, WG | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco |
| Fruit Juice Juice, Apple, Eco | | Fruit Juice Juice, Apple, Eco | Fruits and Fruit Juices Juice, Wildberry, Eco | |
| Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | | |
| Condiments Tapatio | | | | |



| Mon | Tue | Wed | Thu | Fri |
|---|--|---|--|--|
| 9/25/2023 | 9/26/2023 | 9/27/2023 | 9/28/2023 | 9/29/2023 |
| Main Entrée Chicken Taquitos Beef Taco Stick Burrito, Bean & Cheese | Main Entrée BBQ Chicken Drumstick Grilled Cheese Sandwich | Main Entrée Dumplings, Chicken & Veggie Chicken Egg Roll with Brown Rice | Main Entrée Mandarin Orange Chicken with Brown Rice | Main Entrée Pizza, Pepperoni, Pizza Hut, 51% WG Pizza, Cheese, Pizza Hut, 51% WG |
| Fruit Pear, D'Anjou | Fruit Apple, Red, Sliced Juice, Orange, Eco | Fruit Banana, Petite, Dole Orange, Navel | Fruit Banana, Petite, Dole | Fruit Strawberries, Fresh Juice, Orange, Eco |
| Vegetable Beans, Vegetarian Refried Carrots, Baby, Peeled, IW | Vegetable Pineapple Coleslaw Jicama, Sticks, IW | Vegetable Carrots, Baby, Peeled, IW Garlicky Broccoli | Vegetable Carrots, Baby, Peeled, IW Garlicky Broccoli | Vegetable Celery Sticks, IW Cucumbers, Sliced, IW Kale Caesar Salad |
| Grain Mexican Rice | Grain Garlic Knot | Fruit Juice Juice, Apple, Eco | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco |
| Fruit Juice Juice, Apple, Eco | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | Fruits and Fruit Juices Juice, Wildberry, Eco | |
| Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco | | Fruits and Fruit Juices Juice, Wildberry, Eco | | |